

Outcome of Parent and Carer's consultation in Relationship and Sex Education and Health Education

We invited parents and carers to take part in our consultation during our spring parent's evening. Governors gave out curriculum leaflets that outlined the RS & H Education and questionnaires and directed parents and carers to them to a display which explained our approach, we also included the invite in our newsletter (which directed parents and carers to our website which contained further information).

37% of our families responded to the consultation. The results and our responses (in italics) are below.

I believe that RSE and Health Education is an important part of the school curriculum

Strongly agree	78%
Agree	20%
Neutral	1%
Disagree	0%
Strongly disagree	1%

I am aware of the topics that are covered within RSE and Health Education sessions
Information on the topics we teach can be found on our website - [Heighington Millfield Primary Academy - PSHE](#).

Strongly agree	46%
Agree	35%
Neutral	13%
Disagree	3%
Strongly disagree	3%

I am aware of my right to withdraw my child from elements of sex education

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. We will always make parents and carers aware when we teach this aspect of the curriculum and how to let us know if they wish to withdraw their child.

Strongly agree	63%
Agree	28%
Neutral	7%
Disagree	1%
Strongly disagree	1%

General Comments

- I think it is important to cover these subjects in an open and honest way to encourage a good breadth of knowledge
- I am very happy with the information given and how everything is addressed
- Having had 3 children attend Millfield, I am more than happy with the content and delivery of RSE and Health Education within school

Is there anything that you think we have not covered that needs addressing?

Parent / Carer statement	Academy Response
Discussions about values and how individuals and family values may / will be different; understanding what values are important to me and why	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Relationships, Celebrating Difference and Changing Me jigsaw pieces. Our assemblies are also values based.</i>

	<i>This element of our curriculum is supported with a range of books in the library that have characters who come from a range of families.</i>
Main focus year 5 & 6 – help to prepare for secondary school	<i>We agree this is important. As part of the jigsaw curriculum, transition is covered in every year group in the Changing Me jigsaw piece. In the Summer Term, we do an extra block of learning with all our year 6's, with more intensive work with those children who we feel need more support. We also do some transitional work with all our children to support their movement through school and with those who are new to us.</i>
Friendships – being understanding and listening	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Relationships jigsaw piece. Our pupils wellbeing score themselves on a daily basis. Low scores are discussed on an individual, group and / or class basis. These conversations are often focused on friendship issues. Staff use a restorative conversation approach when dealing with friendship issues.</i>
Mental wellbeing - how people show emotions in different ways and the strength of emotion felt will be different for each individual; what to do with emotions when I feel them – letting them out, moving on from them	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Being Me In My World, Celebrating Difference, Dreams And Goals, Healthy Me, Relationships & Changing Me jigsaw pieces. Our Pupil Wellbeing group put on extra activities that focus on Mental Wellbeing and our Wellbeing Flower. Our pupils wellbeing score themselves on a daily basis and support is given.</i>
Dealing with the pressures that children put themselves in to succeed, fit in, keep doing well – being kind to self and expectations on themselves	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Dreams And Goals, Healthy Me & Changing Me jigsaw pieces.</i>
Internet content – distorted truth; valid sources	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Celebrating Difference, Healthy Me & Relationships jigsaw pieces. Our Online Safety group conduct a half-termly lesson with each year group. The focus of these lessons is put in our newsletter.</i>
To be able to and the correct way to challenge authority if you feel there to be an injustice or an abuse of power occurring	<i>We agree this is important. As part of the jigsaw curriculum, it is covered in every year group in the Celebrating Differences jigsaw piece. We also discuss this during our assemblies.</i>
Possibly about when it is inappropriate to discuss developmental changes in puberty with peers.	<i>We agree this is important. When we teach sensitive subjects, we advise our children of the importance of how</i>

	<i>they deal with the information and when it is appropriate to talk about it.</i>
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Questions that were asked

Parent / Carer statement	Academy Response
Do you teach children about embracing neurodiversity?	<i>There are a range of books in the library that have characters who are neurodivergent. We teach our children that we are different and we are all unique. We are currently working further on this and how we can develop our children's understanding.</i>

What further information and / or guidance do you feel you require and how would you like this to be communicated?

Communicate -

- Email and / or newsletter
- Leaflets brought home by pupils so parents can discuss it with them
- Parent session to view resources and ask questions of staff who are leading the sessions

Further information and / or guidance

- Lesson content
- Information of when the RSE lessons are to support conversations
- Links to learning resources
- Notified when sensitive subjects are being discussed
- Know what topics are being addressed each term so that we can be prepared to join the dots
- Know how it is discussed in school

There is an area on the school website which outlines what is taught and when. We are currently reviewing how we can provide more information to support parents and will come back to you when we have outlined a consistent approach.

However, we write to you before elements of sex education are taught as outlined on the long term plan on the website.