

COVID update

We are sure you will have all heard the news that we are to remain closed until 8th March. As a staff, we are extremely disappointed that we are not able to open our doors to welcome everyone back and teach face-to-face. We long for the days when we can hold discos and film nights with our friends in the PTA, have assemblies when we show our learning and allow our children to play with each other regardless of which bubble they are in. In the short term, we continue to endeavour to support all of our families to the best of our ability. We have done a very short questionnaire (by Thursday 4th February) to find out how things are going with all our families – [please use this link to let us know](#).

Staff who have opted into the COVID testing, continue to all test negative and we thank our critical worker families for continuing to keep us safe by following the lockdown rules despite how difficult it can be.

It is really important that we continue to remember the lockdown rules –

You may leave the home to:

- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person (in which case you should stay 2m apart). Exercise should be limited to once per day, and you should not travel outside your local area.
- meet your support bubble or childcare bubble where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare - for those eligible

Remember - 'Hands. Face. Space.'

- hands – wash your hands regularly and for at least 20 seconds
- face – wear a face covering in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet
- space – stay 2 metres apart from people you do not live with where possible, or 1 metre with extra precautions in place (such as wearing face coverings)

We have been told we will be closed to all children during February half term.

Express Yourself

This Children's Mental Health Week we are exploring the different ways we can express ourselves, and the creative ways that we can share our feelings, our thoughts and our ideas. Finding creative, enjoyable ways to share our thoughts, feelings and ideas can make us feel good and help our mental health, especially when we face tough situations or difficult times.



We are planning to hold a "Dress to Express Day" on Wednesday 3rd February.

The idea is simple – encourage your child/ren to use colour to express themselves by wearing something bright and colourful that represents their personality, or a style, character, sportswear that reflects different ways they express who they are.

Our lives are full of colour and we can use colours to help make sense of how we are feeling, who we are and the world we live in. These costumes can be very personal and should represent something about your child. This is a great opportunity to encourage self-expression and celebrate a diverse range of emotions.

There is a range of Children's mental health charities across the UK that you could donate to.

We will be exploring a range of PSHE activities, books and films. Maybe you could have a film night and Watch Inside Out altogether, providing an opportunity to discuss feelings and the importance of sharing emotions.

There will be an assignment in your Remote Learning area where you can upload pictures and videos of you Expressing Yourself.



If you or your child is struggling at the moment, then please let us know.

TERM DATES 2020 / 21

Term 3 – Tuesday 5th January 2021 to Friday 12th February 2021

Term 4 – Monday 22nd February 2021 to Wednesday 31st March 2021

Bank Holidays – Friday 2nd April & Monday 5th April 2021

Term 5 – Monday 19th April 2021 to Friday 28th May 2021

Bank Holidays – Monday 3rd & Monday 31st May 2021

Term 6 – Monday 7th June 2021 to Tuesday 20th July 2021

A blue informational poster for the EU Settlement Scheme. At the top left is the HM Government logo. At the top right is the Citizens Advice South Lincolnshire logo. The main text in white and blue reads: "IF YOU NEED SUPPORT TO APPLY TO THE EU SETTLEMENT SCHEME HELP IS AVAILABLE IN THE LINCOLN AREA". Below the text is an illustration of two houses inside teacups. At the bottom, in a dark blue box, is the following text: "The deadline for the scheme is the 30th June 2021 but it is worth applying as soon as possible. Contact Citizens Advice South Lincolnshire by email or phone: Email: eussreferral@citizensadvicesouthlincs.org.uk Freephone: 0800 448 0734 Or check out our website: www.citizensadvicesouthlincs.org.uk and click the EU Settlement Scheme tab CASL can provide free support and advice for your application to the EU Settlement Scheme".